

1. Being Myself

What did you learn?

Do it yourself.

Activity

Do it yourself.

2. Our Body : Outside and Inside

What did you learn?

A. 1. (b) 2. (c) 3. (b) 4. (a)

- B.**
- | | | |
|------------|---|--------------------------------|
| 1. Brain | → | (a) help us to stand and sit. |
| 2. Heart | → | (b) help us to breathe. |
| 3. Bones | → | (c) digests food. |
| 4. Lungs | → | (d) pumps blood to body parts. |
| 5. Stomach | → | (e) controls the body. |

- C.**
1. The body organs that we can see outside our body are external organs.
 2. Four internal organs are : brain, heart, lungs, stomach.
 3. Our five sense organs are : eyes to see, ears to hears, nose to smell, tongue to taste and skin to feel touch.
 4. The framework of bones in our body is called skeleton.

Activity

I did it by feeling them with the skin of my feet.

3. Our Family

What did you learn?

A. 1. (a) 2. (b) 3. (c) 4. (a)

B. 1. (T) 2. (T) 3. (F) 4. (F)

- C.**
1. There are _____ members in my family.
 2. A family where grandparents, parents, uncles, aunts and their children live together is called a joint family.
 3. We play with our brothers and sisters.
 4. Our grandparents are very important members of our family.

Activity

Do it yourself.

4. Our Food

What did you learn?

A. 1. (c) 2. (b) 3. (a) 4. (c)

B. 1. Food 2. energy 3. fruits, vegetables 4. fresh

- C.**
1. We eat food to grow and stay healthy.
 2. We get fruits, vegetables and cereals from plants.
 3. Wheat, rice, maize and oats are energy-giving foods.
 4. Vitamins and minerals (fruits and vegetables) are protective foods.
 5. Three good food habits are : (i) We must eat clean and fresh food. (ii) We should wash our hands before eating. (iii) We should drink boiled or filtered water.

Activity

Do it yourself.

5. My House

What did you learn?

- A.** 1. (b) 2. (c) 3. (a) 4. (c)
B. 1. comfortable 2. animals 3. wood 4. footpaths
C. 1. We need a house to live in and to feel safe and comfortable.
2. Mud, wood and dry grass are used to make a hut.
3. Pucca houses are strong and safe to live.
4. Sloping roofs of wooden houses allow rainwater and snow to slide down.

Activity

Do it yourself.

6. Our Neighbourhood

What did you learn?

- A.** 1. (c) 2. (b) 3. (c) 4. (b)
B. Do it yourself.
C. 1. The area or locality around our house is called our neighbourhood.
2. We use the services of milk vendors, vegetable sellers, grocery shops, bakery and sweet shops everyday.
3. We can buy wheat, sugar, tea, bread and fruits from a market.
4. We call a fire station when there is fire.

Activity

Do it yourself.

7. Our School

What did you learn?

- A.** 1. (b) 2. (c) 3. (c) 4. (a)

- | B. | A | B |
|--------------|----------|---|
| 1. Peon | → | (a) cleans the whole school. |
| 2. Guard | → | (b) looks after the plants in the garden. |
| 3. Teacher | → | (c) helps the teachers and rings the bell. |
| 4. Principal | → | (d) stops outsiders from entering the school. |
| 5. Gardener | → | (e) helps us to learn new things. |
| 6. Cleaner | → | (f) takes care of the management of school. |

- C.** 1. We go to school to learn new things and to read and write.
2. Teachers, principal, security guard, peon and sweeper.
3. We celebrate Annual Day, Teacher's Day and Children's Day in our school.
4. (i) We should obey and greet our teachers. (ii) We should not jump on the desks or chairs. (iii) We should not write anything on the school walls.

Activity







Do it yourself.

8. People Who Help Us

What did you learn?

- A.** 1. (c) 2. (a) 3. (c) 4. (b)
B. 1. Policeman 2. Peon 3. Chemist 4. Doctor 5. Cook 6. Fireman
C. 1. We need money to fulfill our different needs.
2. Manager, clerk, typist, peon.
3. Stationer, chemist, grocer.
4. Taxi driver, rickshaw puller, bus driver, conductor, traffic policeman.

Activity

	Name of the tool	Purpose for which it is used
	Pencil	to write
	Toothbrush	to clean our teeth
	Scale	to draw lines
	Nail cutter	to trim our nails
	Knife	to cut fruits and vegetables
	Rolling pin	to make chapati

9. The Plant Kingdom

What did you learn?

- A. 1. (a) 2. (b) 3. (c) 4. (b)
- B. 1. creepers 2. flavour 3. wheat, rice 4. wood
- C. 1. We get wheat, rice, fruits, pulses and spices from plants.
2. Cotton plant gives us fibre to make clothes.
3. Rose, hibiscus, marigold and dahlia bear flowers.
4. Coriander, mint and spinach are herbs that are used in kitchen.

Activity

Do it yourself.

10. The Animal Kingdom

What did you learn?

- A. 1. (b) 2. (c) 3. (a) 4. (c)
- B. 1. cow 2. crocodile 3. kangaroo 4. trees 5. rabbit
- C. 1. Four animals and their shelters are : lion–den, monkey–tree, tiger–cave, elephant–under trees.
2. Animals that help us in our works and provide us useful things are called domestic or farm animals.
3. Birds can fly in the air but other animals cannot fly. Birds have beaks to eat, lay eggs and live on trees.
4. We get milk, eggs, meat, skin and wool from farm animals.

Activity

1. dog, cat 2. snake, lizard 3. cow, horse 4. cow, buffalo 5. pigeon, crow 6. dog, cat
7. horse, sheep 8. crocodile, fish 9. frog, crocodile 10. mosquito, butterfly

11. Means of Transport

What did you learn?

- A. 1. (b) 2. (c) 3. (b) 4. (c)
- B. 1. Rickshaw Tonga Bullock cart Camel cart
2. Boat Ship Motorboat Train
3. Airplane Bicycle Helicopter Rocket
4. Bus Car Truck Scooter
- C. 1. Trains and metro trains run on railway tracks.
2. We use aeroplane and helicopter to travel by air.
3. Tonga, bullock cart and camel cart are pulled by animals.
4. Bus, car, truck and tractors move on land or roads.

5. Ships, boats and motorboats move on water.

Activity

(a) two (b) four (c) three (d) three (e) four or more (f) four (g) four (h) two (i) three

12. The Earth

What did you learn?

A. 1. (c) 2. (b) 3. (c) 4. (c)

B. 1. blue 2. Air 3. a plain 4. Deserts

C. 1. The earth is made up of land, water and air.

2. Plains, hills, mountains, deserts and plateaus are different landforms of the earth.

3. Rain, lakes, ponds, rivers, and wells are the sources of water on the earth.

4. We breathe in air that is rich in oxygen, we pump air in balloons, tubes of vehicles, balls and footballs. Air helps fire to burn and planes to fly.

Activity

Do it yourself.

13. Our Sky

What did you learn?

A. 1. (b) 2. (a) 3. (c) 4. (b)

B. 1. (F) 2. (F) 3. (F) 4. (F) 5. (T)

C. 1. The sun is the centre of the solar system.

2. The moon shines due to the light of the sun.

3. Because they are very, very far from the earth.

4. The moon is the natural satellite of the earth.

Activity

Do it yourself.

14. The Seasons

What did you learn?

A. 1. (c) 2. (b) 3. (c) 4. (a)

B. 1. hot 2. sun 3. monsoon 4. autumn 5. Basant

C. 1. When the weather is the same for a few months, it is called season.

2. People wear woollen, leather and fur clothes. They use quilts and blankets.

3. We like to eat ice cream and drink cold drinks in summer.

4. We use raincoats and umbrellas to protect us from rain.

Activity

Do it yourself.

15. Directions and Time

What did you learn?

A. 1. (c) 2. (a) 3. (c) 4. (a)

B. 1. east, west 2. clock, watch 3. three 4. twelve 5. days, dates and months

C. 1. There are four directions. They are : east, west, north and south.

2. The sun rises in the east. If we stand facing the sun in the morning, we face the east, West is behind us. North is to our left and south to the right.

3. The six sides are : right, left, in front, behind, up and down.

4. The seven days of the week are : Sunday, Monday, Tuesday, Wednesday, Thursday, Friday, Saturday.

Activity

Do it yourself.

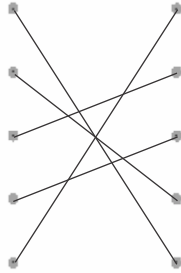
16. Games for Health

What did you learn?

A. 1. (c) 2. (a) 3. (c) 4. (b)

B. **A**

1. Carrom
2. Football
3. Micky & Donald
4. Spinning Top
5. Ludo



B



- C. 1. The games we play inside our house are called indoor games.
 2. Skating, swimming, cricket and football.
 3. We play on swings, bicycle riding, etc in the park.
 4. Because it is not good for our eyes. It also makes us fat, dull and even sick.

Activity

- (i) We can allow them to play with us. (ii) We can give them our old toys or electronic devices to play with. (iii) We can give them some money to buy toys.

17. Being Safe

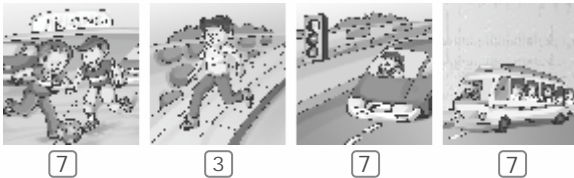
What did you learn?

A. 1. (c) 2. (a) 3. (b) 4. (b)

B. 1. (T) 2. (F) 3. (F) 4. (T)

- C. 1. (i) Never play or run on the road. (ii) Always walk on the footpath.
 2. We should not play with knives, blades or scissors.
 3. We should not touch or pick up anything strange in the park.
 4. If you are lost, approach to the nearest policeman and tell him your father's phone number.

Activity



18. Festivals We Celebrate

What did you learn?

A. 1. Spring 2. Ravana, Meghnad, Kumbhkarana 3. fourteen 4. 25 December 5. 26 January

B. 1. We play with colours and eat sweets and gujiyas.

2. Eid is celebrated at the end of Ramzan.

3. (i) Durga Puja in Bengal (ii) Baisakhi in Punjab.

4. The Republic Day Parade is held at Rajpath.

Activity

- (a) Holi (b) Eid (c) Christmas (d) Diwali